

# H-2200 MULTI-STACK



## STATION 1

### Lat Pulldown, Leg Press, and High Pulley

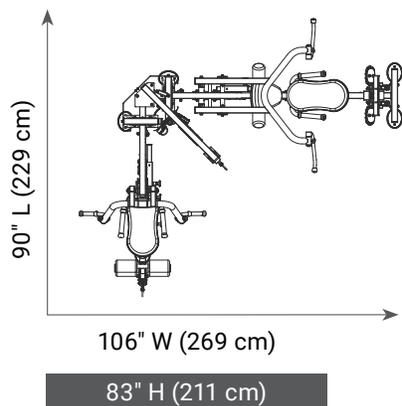
- Counter-balanced arm and self-aligning handles provide a smooth, natural feel to the lat pulldown.
- Angled thigh brace rollers on the lat pulldown allow users to quickly and easily slip into position without the need for adjustment.
- Self-aligning foot plate on leg press station automatically adjusts during the exercise to follow the natural movement of a user's feet, taking the strain off of the ankles.
- 2:1 Split Weight Cabling™ ratio on the leg press provides 400 pounds of resistance.
- High pulley station allows a user to perform a variety of exercises.



## STATION 2

### Chest Press, Mid Row, Leg Extension, and Standing Leg Curl

- Interchangeable press arm options allows a user to choose between a traditional fixed press arm, or a patented 3D articulating press arm.
- Low and mid pulley stations allow users to perform a variety of upper and lower body exercises.
- Dual adjusters on the back pad offer telescoping and angular adjustments for proper positioning and back support.
- Locking pull pin provides stable pad positioning.





MODEL	DESCRIPTION	LENGTH	WIDTH	HEIGHT	MACHINE WT	WEIGHT STACK
HF-2200-B	2200 2 STACK MULTI GYM - BASE UNIT	90" (228.60 cm)	106" (269.24 cm)	83" (210.82 cm)	1,005 lbs (455.86 kg)	200 lbs (90.72 kg)
HF-4400-B	4400 4 STACK MULTI GYM - BASE UNIT	105" (266.70 cm)	107" (271.78 cm)	84" (213.36 cm)	1,645 lbs (746.16 kg)	200 lbs (90.72 kg)