

CHEST PRESS / SHOULDER PRESS

HD-3300



FEATURES

- Multiple seat and press arm positions
- Easy, one-handed angle adjustments for vertical chest press, incline chest press and shoulder press exercises
- Dual-position hand grips

SPECS

- Product Dimensions L x W x H:
62.00 (157 cm) x 60.00" (152 cm) x 58.00" (147 cm)
- Product Weight:
566 lbs (257 kg) (HD) / 591 lbs (263 kg) (HDG)
- Weight Stack:
215 lbs (98 kg) (HD) / 240 lbs (109 kg) (HDG)



CHEST PRESS



SHOULDER PRESS