

TRUE[®] CARDIO RESIDENTIAL

Z5.4



PREMIUM FITNESS EQUIPMENT SINCE 1981

Z5.4 TREADMILL

If you are looking to bring your fitness routine home, but space is an issue, look no further than the TRUE Z5.4 Treadmill. Voted Runner's World's "Plushest Ride", the TRUE Z5.4 Treadmill offers the known TRUE quality in one of the most space efficient home treadmills on the market. Designed to fit into your lifestyle without overtaking it, these machines offer not only a small footprint and low step-up height, but a proven belt and deck combination, further enhanced by TRUE's Soft Select system.



Z5.4 TREADMILL

TECHNICAL SPECIFICATIONS	Power Source	110V/15A
	Cord Length	8' / 2.4 M
	Drive Motor	3 HP DC
	Belt	Orthopedic
	Impact System	True Soft Select (adjustable)
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Speed Range	0.5 to 12.0 MPH / 0.8 to 19.3 km/H
	Incline/Decline Range	0% to 15%
	Handrail Design	Protective Dipped
	Straddle Cover Design	Aluminum
	Contact Heart Rate Monitoring	Standard
	Wireless Heart Rate Monitoring	Polar® Compatible
CONSOLE	Display	Dual Window Custom LCD
	Programs	10
	Saved Workouts	2
	HRC Cruise Control	Standard
	Quick Speed Keys	Standard
SAFETY	Safety Clip	Standard
	Large Straddle Covers	Standard
REGULATORY APPROVALS		ETL UL1647, CSA, FCC
EXTRAS	Accessories	Water Bottle Holder (2), Accessory Tray, Reading Rack
PHYSICAL SPECIFICATIONS	Footprint	68" L x 30" W x 55.5" H / 172 cm x 76 cm x 141 cm
	Running Surface	54" L x 22" W / 137 cm x 56 cm)
	Machine Weight	278 lbs. / 126 kg
	Maximum User Weight	400 lbs. / 181 kg
	Step-Up Height	5.5" / 14 cm
	Portability	2 Front Transport Wheels
WARRANTY	Warranty Type	Residential
	Frame	Lifetime
	Motor	30 Years
	Parts	10 Years
	Labor	1 Year

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

